

RECOMMENDED COUNSELLORS/ COUNSELLING SERVICES

This list was compiled for us by an independent expert. It is not an exhaustive list of all good Christian counsellors. There are no doubt others who would be very capable of assisting. We are confident, though, that this list will be a helpful starting point for those who are seeking help.

In Sydney: Individuals

Name	Location	Contact info
Bailey, Joanna - Psychologist	Castle Hill	0459 068 002 email@joannabaileypsychology.com
Bartho, Sue - Psychologist	Hornsby	0419 980 246 wellontheway.com.au
Bird, Deswyn Ann - Counsellor	Sydney CBD, Menai, Alfords Pt	0408 876 282
Holwerda, Ralph - Counsellor	North Parramatta	0422 012 219 talkitover.com.au
Liem, Magdalena - Counsellor	Epping, North Parramatta	0433 446 901 magdalena.liem@gmail.com
Speziale, Ruth - Counsellor	Pymble, Concord	0422 602 253 (02) 9488 7377 counselling@swiz.org.au St Swithum's church office

In Sydney: Organizations or large practices

(Clinicians in these practices have not been screened. If you refer to these agencies it is helpful to ring ahead and flag that the person is seeking someone who can work with Christians in the context of abusive relationships.)

Name	Location	Contact info
Anglicare Counselling - Counsellors	Campbelltown, Parramatta, Penrith, Summer Hill	anglicare.org.au/directory- category/families-relationships- counselling
Baptist Care Relationship Services - Counsellors	Bankstown, Campbelltown Central Coast, Newcastle	(02) 8713 4333
Bridges Counselling – Counsellors and psychologists	North Parramatta	(02) 9683 1444 bridgescounselling.com.au
Centre for Effective Living – Psychologists	Westleigh, Bella Vista	1800 832 588 admin@effectiveliving.com.au
Family Systems Institute - Psychologists, social workers and counsellors	Neutral Bay	(02) 9904 5600 thefsp.com.au
Merrylands Counselling - Psychologists and counsellors	Merrylands	(02) 9760 1110 merrylandscounselling.com.au
Motivating Minds Psychology Practice – Psychologists	Engadine	(02) 9520 8606

Outside of Sydney: Individuals

Name	Location	Contact info
Bowen, Daniel - Psychologist	Dubbo	0432 717 459
Cappelen, Rowena - Psychologist	Canberra city	0415 569 046
Holt, Ruth - Psychologist	Canberra city	0425 275 665
Lynch, Tracy - Social Worker	Broadmeadow, Newcastle	0401 168 335 tracylynch.com.au
Milne, Sue - Psychologist	Wollongong	(02) 4210 7222
Morrison, Richard - Counsellor	Lambton, Newcastle	0407 579 192 relationalcoaching@gmail.com
Nicholls-Zancolich, Sharon - Psychologist	Albion Park, Illawarra	(02) 4257 9703
Shephard, Janelle - Psychologist (also ordained clergy)	Milton (Ulladulla)	0408 697 214
Stevens, Bruce - Psychologist	Canberra city	0403 529 773
Van Barneveldt, Kate - Counsellor	Central Coast	0412 403 002
Walls, Bevan	Gosford	0417 237 123

Outside of Sydney: Organisations or large practices

Name	Location	Contact info
Anglicare Counselling - Counsellors	Bega, Moruya, Moss Vale, Nowra, Ulladulla, Wollongong	anglicare.org.au/directory- category/families-relationships- counselling
Anglicare Northern Inland - Counsellors	Tamworth, Armidale, Inverell and Moree (with outreach services to Narrabri and Glen Innes)	1300 549 577
Baptist Care Relationship Services - Counsellors	Central Coast	(02) 8713 4333
Health in Mind Psychology - all Christian psychologists	Orange	(02) 6362 3989

Beyond Abuse: an 8-week course run by Anglicare

These sessions aim to:

- provide support and a safe place where women can share their experience with domestic violence
- talk about the cycle of violence and challenge the effects of abuse
- discuss strategies for rebuilding self-esteem and a new awareness for future relationships.

The running of this course is based on needs and availability of counsellors.