

2022 - Dealing with Covid Infections in JCH

General:

The general directive of the NSW Government in dealing with Covid is for individuals to take responsibility for their own self-care. Along with basic hygiene, social distancing and mask wearing when needed, this appears to be the most practicable way forward in the current circumstances.

In the event of one or more persons residing in JCH contracting Covid, or awaiting test results, the following plan should be followed as closely as possible. Any specific instructions a resident receives directly from NSW Health should be adhered to.

The current Public Health Order requires people with a positive RAT or PCR test to isolate for 7 days.

The symptoms of the different variants of Covid range from asymptomatic to severe (before hospitalisation). Therefore, the degree of care any one person needs to take will likely vary as will the length of time the symptoms prevail.

Contacts:

If you test positive to either a RAT or PCR test, please advise your fellow residents and

- John Downward, the College Operations Manager, on 0478 824 125; OR
- Lissa Allen, the College Operations Team Leader, on 0421 437 660

Follow any instructions from NSW Health.

Isolation:

Any resident with Covid, or awaiting results, will need to isolate in the room allocated to them. With the exception of bathrooms, (refer below) a resident in isolation must not enter any common areas – ie kitchens and lounges. The resident may leave the premises for medical attention, including PCR tests.

Masks and Social distancing:

Residents with Covid or awaiting results must wear masks whenever they are outside their allocated room. Whenever outside their room, they must also exercise social distancing and avoid other people.

Bathrooms:

Depending on the number of infections, the arrangement of bathrooms may change.

Within JCH 14 women and 30 men reside.

Currently, the female bathroom is located just outside the Sherwood Forest corridor; the three male bathrooms are located 1) on the ground floor in room 7, 2) next to room 23 and 3) on level 1 near room 62. A small general bathroom located at room 37 (next to the main Kitchen) has 2 toilets and 1 shower.

Room 6 and 46 have their own bathrooms as they are self-contained one-bedroom flats.

In the event of an outbreak of Covid, the male bathroom next to room 23 (ground floor) and the general bathroom in room 37 (this will be used for females) will initially be set aside for residents with Covid. If

the numbers of cases is high, more bathrooms may be allocated. Such bathrooms will have signage placed on the door.

Laundry:

A resident with Covid must not enter the laundry. Please arrange for another resident to do your laundry.

Food:

While the College kitchen is operating, the College will provide breakfast, lunch and dinner for JCH residents in isolation. Please ask another resident to bring meals to you. If the kitchen is not operating, or has not precooked meals, please arrange for another resident to obtain meals for you. All meals will need to be provided and consumed from disposable containers where practicable.

Finance:

It may be possible for a resident to return home for care during their recovery period. Should the person choose to do this the College will not charge board for this period.

Visitors:

While ever there are cases of residents in isolation in JCH, non JCH residents and visitors will not be allowed in JCH.