

LOCAL GPs

Newtown:

Practice & Address	Contact Number	Hours	Bulk Billing	Recommended Doctors
Broadway General Practice 60-64 Bay Street, Ultimo NSW 2007	8245 1500	Open 7 days	Private billing practice and fees are based on a discount AMA rate.	
Church Street Medical Practice 280 Church Street, Newtown	9516 2944	Mon-Fri 8am-6pm, Sat 8am-1pm	Health Care Card holders can ask for a bulk billing doctor	Dr Sean Kristofferson Dr Katherine Bruce

Getting a GP in Newtown as a new patient can be difficult; you might want to ask your chaplain or cohort for recommendations.

Croydon Park:

Practice & Address	Contact Number	Hours	Bulk Billing	Recommended Doctors
Your Doctors 3 Lackey Street, Summer Hill	9797 3900	Mon-Fri 8am-6pm Sat 8am-12pm	Bulk billing for children and Health Care Card holders	
Your Doctors 37 Henry St, Ashfield	8090 6833	Mon-Fri 8am-6pm	Bulk billing for children and Health Care Card holders	
The Village General Practice 130 Smith Street, Summer Hill	9516 2944	Mon-Thurs 8am-8pm Fri 8am-6pm Sat 8am-4pm	Bulk billing for Health Care Card holders	
Concord Family Doctors 19 Brewer St, Concord	9739 6300	Mon-Fri 8:30am-6pm Sat 9am-12pm	Bulk billing for students, children & Health Care Card holders	Dr Colin Chu Dr Susan Chua

Moorewest:

Practice & Address	Contact Number	Hours	Bulk Billing	Recommended Doctors
Paramatta Medical Centre 20 Victoria Rd, Parramatta NSW 2150	9762 1041	Mon-Fri 8am-7pm. Sat-Sun 9am-3:30pm	Bulk billing for weekday consultations only	

Helplines:

Healthdirect: a 24/7 telephone health advice line staffed by registered nurses 1800 022 222 <https://www.healthdirect.gov.au/>

Pregnancy, Birth and Baby: general advice and support about pregnancy, childbirth and parenting up to five years
1800 882 436 <https://www.pregnancybirthbaby.org.au/>

LIST OF MENTAL HEALTH PROFESSIONALS

Counselling is often a deep and personal process and so the relationship of trust you develop with the counsellor is extremely important. Sometimes this takes time to develop. The Dean of Students and the Dean of Women regularly refer students to counsellors on this list which has been compiled in conjunction with mental health professionals, to offer support and help for those dealing with mental health struggles.

Please speak with your chaplain if you require more information or help making a decision.

Counsellor/Practice & Address	Contact Details
Anglicare Summer Hill 1 Sloane St, Summer Hill Fiona Simpkins Fiona Dicker Maru Gualdoni Elizabeth Taylor Jenny Nixon	9798 1400 https://www.anglicare.org.au
Centre for Effective Living G06/27 Merriwa Street, Gordon NSW 2072	1800 832 588 reception@effectiveliving.com.au http://www.effectiveliving.com.au
The Family Systems Practice St Barnabas Church Broadway, 57-61 Mountain Street, Ultimo . & Suite 4, Level 1, Cremorne Town Centre, 287 Military Road, Cremorne NSW 2090 Jenny Brown Anna Moss Laura Errington	9904 5600 contact@thefsp.com.au http://www.thefsp.com.au/

Emma Robinson Level 1, 572 Willoughby Road, Willoughby , NSW 2068	contact@dremmarobinson.com.au https://www.dremmarobinson.com.au/
Penny Wilkinson Penny Wilkinson Counselling Services Suite 13, Level 2, 1 Jordan St, Gladesville , NSW 2111	https://pennywilkinsoncounsellor.com/ (book appointments online)
Nicolette Deva Psychologist 162/822 Bourke Street, Waterloo , NSW 2017	0410 650 895 info@nicolettedeva.com http://nicolettedeva.com/
Mel Fung Christian Psychologist 8/1A Greengate Road, Killara , NSW 2071	0402 545 565 mel@scpsych.com.au https://www.sydneychristianpsychologist.com.a u/
Van Tester Psychologist - Life Care Inner West, Suite 1/50 Great North Road, Five Dock , NSW 2046	9712 5311 confidential@lifecareinnerwest.com.au https://www.lifecareinnerwest.com.au/about- us/van- tester/
Resilience Centre Suite 401, Level 4, 51 Rawson St, Epping , NSW 2121 Dr. Lyn Worsley Adam Wright Kristen Bayliss	9869 0377 confidential@theresiliencecentre.com.au https://www.theresiliencecentre.com.au/
Clare Speirs Clinical Psychologist Online consultation for Sydney clients, occasional visit to Sydney. Face to face consultation at 482 Macauley St, Albury , NSW 2640	0412 940 522 (business hours only) clarespeirspsychology@gmail.com
Sarah Jacob Logic Lounge Psychology – Pymble Psychology 7/895 Pacific Highway, Pymble , NSW 2073	7256 7070 https://logicloungepsychology.com.au/
Greg Powell The Mindspace Suite 43, 90 Mona Vale Road, Warriewood , NSW 2102	8208 5958 reception@themindspace.com.au http://www.themindspace.com.au
Bridges Counselling William Fernandes David Bridges North Parramatta/Norwest	9683 1444 enquiries@bridgescounselling.com.au https://www.bridgescounselling.com.au

Michelle Grosvenor Associated Psychology Penrith	4722 3137 info@associatedpsychologypractice.com https://apppractice.com.au/
Kim Morris MBM Rooty Hill	0431 071 969 https://mbm.org.au/counselling/
Sandy Morrison Lower Mountains Clinical Psychology Centre, Warimoo	0401 918 744 http://www.lowermountainsclinicalpsychology.com.au
Ali Muscat Ministry for Life Annandale	0493 519 525 hello@ministryforlife.com.au www.ministryforlife.com.au
Miriam Chan New Leaf Centre 1 Clarence Street, Burwood, NSW 2134	0468 345 349 newleafcounsellingservice@gmail.com https://www.newleafcentre.com.au/
Zebra Psychology Suite 14, Level 1, 185 Military Road, Neutral Bay, NSW 2089	0431 959 390 admin@zebrapsychology.com https://zebrapsychology.com/
Wesley Macintyre Riverlands Therapy Services Blaxland & Penrith	4731 8111 0493 711 081 theoffice@riverlandstherapy.com.au https://riverlandstherapy.com.au/
Sarah Hindle Clinical Psychologist Magenta Place Suite 4, 96 Norton Street Leichhardt, NSW 2040	0451 749 747 sarah@psychsmarttherapy.com.au https://www.psychsmarttherapy.com.au/home
Meg Cook 1/572 Willoughby Rd, Willoughby, 2068	0434 769 484 meg@megcookcounselling.com https://www.megcookcounselling.com
Monica Cook 1/572 Willoughby Rd, Willoughby, 2068	monica@reconceived.com.au https://www.reconceived.com.au
Dr Andrew Hartshorn Dr Mark Sanbrook Unit 110, Ground Floor, 40-48 Atchison Street, St Leonards, NSW 2065	9439 2469

SUPPLEMENTARY LIST OF MENTAL HEALTH PROFESSIONALS

(Received from the Equip Ministry Wives Committee)

Sydney-Based Psychologists & Counsellors

Joanna Bailey – Psychologist	Castle Hill	9659 5696 email@bluebirdpsychology.com.au
Sue Bartho - Psychologist	Hornsby	0419 980 246 sue.bartho@wellontheway.com.au https://wellontheway.com.au
Deswyn Bird - Counsellor	Alford's Point	0408 876 282 silverleafcounselling@yahoo.com.au
Magdalena Liem – Counsellor	Castle Hill, Parramatta	0433 446 901 https://www.newroadscounselling.com.au/
Ruth Speziale – Counsellor	Pymble, Concord	0422 602 253 ruthspeziale@hotmail.com
Veronica Pym	St Leonards	0409 161 172 info@veronicapym.com

Sydney-Based Organisations & Practices

Baptist Care – Counsellors	Bankstown, Campbelltown, Central Coast, Newcastle	1300 275 227 https://baptistcare.org.au/counselling/
Merrylands Counselling - Counsellors	Merrylands	9760 1110 admin@merrylandscounselling.com.au https://merrylandscounselling.com.au/
Motivating Minds Psychological Practice	Engadine	9520 8606 enquiries@motivatingminds.com.au https://www.motivatingminds.com.au/
Alpha Psychological Solutions	Tuggerah	Info@alphapsych.com.au https://alphapsych.com.au/