LOCAL GPs

Newtown:

Practice & Address	Contact Number	Hours	Bulk Billing	Recommended Doctors
Broadway General Practice 60-64 Bay Street, Ultimo NSW 2007	8245 1500	Open 7 days	Private billing practice and fees are based on a discount AMA	
			rate.	
Church Street Medical Practice	9516 2944	Mon-Fri	Health Care Card	Dr Sean
280 Church Street, Newtown		8am-6pm,	holders can ask	Kristofferson
		Sat 8am-1pm	for a bulk billing	Dr Katherine
			doctor	Bruce

Getting a GP in Newtown as a new patient can be difficult; you might want to ask your chaplain or cohort for recommendations.

Croydon Park:

Practice & Address	Contact Number	Hours	Bulk Billing	Recommende d Doctors
Your Doctors 3 Lackey Street, Summer Hill	9797 3900	Mon-Fri 8am-6pm Sat 8am- 12pm	Bulk billing for children and Health Care Card holders	
Your Doctors 37 Henry St, Ashfield	8090 6833	Mon-Fri 8am-6pm	Bulk billing for children and Health Care Card holders	
The Village General Practice 130 Smith Street, Summer Hill	9516 2944	Mon-Thurs 8am-8pm Fri 8am-6pm Sat 8am-4pm		
Concord Family Doctors 19 Brewer St, Concord	9739 6300	Mon-Fri 8:30am-6pm Sat 9am- 12pm	Bulk billing for students, children & Health Care Card holders	Dr Colin Chu Dr Susan Chua

Moorewest:

Practice & Address	Contact Number	Hours	Bulk Billing	Recommende d Doctors
Paramatta Medical Centre 20 Victoria Rd, Parramatta NSW 2150	9762 1041	7pm. Sat-Sun	Bulk billing for weekday consultations only	

Helplines:

Healthdirect: a 24/7 telephone health advice line staffed by registered nurses 1800 022 222 https://www.healthdirect.gov.au/

Pregnancy, Birth and Baby: general advice and support about pregnancy, childbirth and parenting up to five years

1800 882 436 https://www.pregnancybirthbaby.org.au/

LIST OF MENTAL HEALTH PROFESSIONALS

Counselling is often a deep and personal process and so the relationship of trust you develop with the counsellor is extremely important. Sometimes this takes time to develop. The Dean of Students and the Dean of Women regularly refer students to counsellors on this list which has been compiled in conjunction with mental health professionals, to offer support and help for those dealing with mental health struggles.

Please speak with your chaplain if you require more information or help making a decision.

Counsellor/Practice & Address	Contact Details
Anglicare Summer Hill	9798 1400
1 Sloane St, Summer Hill	https://www.anglicare.org.au
Fiona Simpkins	
Fiona Dicker	
Maru Gualdoni	
Elizabeth Taylor	
Jenny Nixon	
Centre for Effective Living	1800 832 588
G06/27 Merriwa Street, Gordon NSW 2072	reception@effectiveliving.com.au
	http://www.effectiveliving.com.au
The Family Systems Practice	9904 5600
	contact@thefsp.com.au
St Barnabas Church Broadway,	http://www.thefsp.com.au/
57-61 Mountain Street, Ultimo.	
& Suite 4, Level 1, Cremorne Town Centre,	
287 Military Road, Cremorne NSW 2090	
Jenny Brown	
Anna Moss	
Laura Errington	

Level 1, 572 Willoughby Road, Willoughby, NSW 2068 Penny Wilkinson Penny Wilkinson Counselling Services Suite 13, Level 2, 1 Jordan St, Gladesville, NSW 2111 Nicolette Deva Psychologist 162/822 Bourke Street, Waterloo, NSW 2017 Mel Fung Christian Psychologist 8/1A Greengate Road, Killara, NSW 2071 Van Tester Psychologist - Life Care Inner West, Suite 1/50 Great North Road, Five Dock, NSW 2046 Resilience Centre Suite 401, Level 4, 51 Rawson St, Epping, NSW 2121 Dr. Lyn Worsley Adam Wright Kristen Bayliss Clare Speirs Clinical Psychologist Olinica Onsultation for Sydney, Face to face consultation at 482 Macauley St, Albury, NSW 2073 Greg Powell The Mindspace Suite 43, 90 Mona Vale Road, Warriewood, NSW 2073 Bridges Counselling Physical Services https://www.dremmarobinson.com.au/ https://pennywilkinsoncounsellor.com/ https://pennywilkinsoncounsellor.com/ https://pennywilkinsoncounsellor.com/ (book appointments online) o410 650 895 info@micolettedeva.com https://nicolettedeva.com/ https://nicolettedeva.com/ https://www.sydneya.com.au/ https://www.theresiliencerentre.com.au https://www.theresiliencecentre.com.au/ https://www.theresiliencecentre.com.au/ https://www.theresiliencecentre.com.au/ https://logicloungepsychology.com.au/ o402 545 565 mel@scpsychology.com.au/ https://www.themindspace.com.au/ https://www.themindspace.com.au/ https://www.themindspace.com.au/ https://www.themindspace.com.au/ https://www.themindspace.com.au/	Emma Robinson	contact@dremmarobinson.com.au	
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	NSW 2102		
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	William Fernandes	enquiries@bridgescounselling.com.au	
David Bridges https://www.bridgescounselling.com.au	David Bridges	https://www.bridgescounselling.com.au	
North Parramatta/Norwest	North Parramatta/Norwest		

Michelle Grosvenor	4722 3137
Associated Psychology	info@associatedpsychologypractice.com
Penrith	https://apppractice.com.au/
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Kim Morris	0431 071 969
MBM	https://mbm.org.au/counselling/
Rooty Hill	
Sandy Morrison	0401 918 744
Lower Mountains Clinical Psychology Centre,	http://www.lowermountainsclinicalpsychology.c
Warimoo	<u>om.au</u>
Ali Muscat	0493 519 525
Ministry for Life	hello@ministryforlife.com.au
Annandale	www.ministryforlife.com.au
Miriam Chan	0468 345 349
New Leaf Centre	newleafcounsellingservice@gmail.com
1 Clarence Street, Burwood, NSW 2134	https://www.newleafcentre.com.au/
Zebra Psychology	0431 959 390
Suite 14, Level 1, 185 Military Road, Neutral	admin@zebrapsychology.com
Bay, NSW 2089	https://zebrapsychology.com/
Wesley Macintyre	4731 8111
Riverlands Therapy Services	0493 711 081
Blaxland & Penrith	theoffice@riverlandstherapy.com.au
	https://riverlandstherapy.com.au/
Sarah Hindle	0451 749 747
Clinical Psychologist	sarah@psychsmarttherapy.com.au
Magenta Place	https://www.psychsmarttherapy.com.au/home
Suite 4, 96 Norton Street	
Leichhardt, NSW 2040	
Meg Cook	0434 769 484
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	https://www.megcookcounselling.com
Monica Cook	monica@reconceived.com.au
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Dr Andrew Hartshorn	9439 2469
Dr Mark Sanbrook	3433 2403
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JE ECOHOLOS, NOVY ZOOJ	

SUPPLEMENTARY LIST OF MENTAL HEALTH PROFESSIONALS

(Received from the Equip Ministry Wives Committee)

Sydney-Based Psychologists & Counsellors

Joanna Bailey – Psychologist	Castle Hill	9659 5696 email@bluebirdpsychology.com.au
Sue Bartho - Psychologist	Hornsby	0419 980 246 sue.bartho@wellontheway.com.au https://wellontheway.com.au
Deswyn Bird - Counsellor	Alford's Point	0408 876 282 silverleafcounselling@yahoo.com.au
Magdalena Liem – Counsellor	Castle Hill, Parramatta	0433 446 901 https://www.newroadscounselling.co m.au/
Ruth Speziale – Counsellor	Pymble, Concord	0422 602 253 ruthspeziale@hotmail.com
Veronica Pym	St Leonards	0409 161 172 info@veronicapym.com

Sydney-Based Organisations & Practices

Baptist Care – Counsellors	Bankstown, Campbelltown, Central Coast, Newcastle	1300 275 227 https://baptistcare.org.au/counselling/
Merrylands Counselling - Counsellors	Merrylands	9760 1110 admin@merrylandscounselling.com.au https://merrylandscounselling.com.au/
Motivating Minds Psychological Practice	Engadine	9520 8606 enquiries@motivatingminds.com.au https://www.motivatingminds.com.au/
Alpha Psychological Solutions	Tuggerah	Info@alphapsych.com.au https://alphapsych.com.au/